

MARCH 2016

Tuesday	Wednesday	Thursday	Friday
1 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch 12:30—2 SensWide Employment	2 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	3 10:30—1:30 Massage 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	4 11—2:30 Massage 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
8 11:30—12:30 Tums & Bums exercises 12:30—2 Lunch	9 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	4 10:30—1:30 Massage 10:15—5 DWF appointments 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	5 11—12 Pilates 1—3 GROW Group
15 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	16 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	17 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	18 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
22 11:30—12:30 Tums & Bums exercises 12:30—2 Lunch	23 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	24 10:30—1:30 Massage 10:15—5 DWF appointments 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	25 Good Friday Public Holiday <i>Building Closed</i>
29 Easter Tuesday <i>Building Closed</i>	30 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	31 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	1 APRIL 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group

APRIL 2016

Tuesday	Wednesday	Thursday	Friday
5 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch 12:30—2 SensWide Employment	6 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	7 10:30—1:30 Massage 10:15—5 DWF appointments 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	8 11—2:30 Massage 11—12 Pilates 1—3 GROW Group
12 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	13 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	14 10:30—1:30 Massage 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	15 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
19 11:30—12:30 Tums & Bums exercises 12:30—2 Lunch	20 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	21 10:30—1:30 Massage 10:15—5 DWF appointments 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	22 11—12 Pilates 1—3 GROW Group
26 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	27 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	28 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	29 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group

MAY 2016

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3 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch 12:30—2 SensWide Employment	4 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	5 10:15—5 DWF appointments 10:30—1:30 Massage 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	6 11—2:30 Massage 11—12 Pilates 1—3 GROW Group
10 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	11 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	12 10:15—5 DWF appointments 10:30—1:30 Massage 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	13 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
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24 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	25 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	26 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	27 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group

JUNE 2016

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31 MAY 11:30—12:30 Tums & Bums exercises 12:30—2 Lunch	1 10—12.30 Art Class 10:15—5 DWF appointments 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2:30—3:30 Coffee & Cake	2 10:15—5 DWF appointments 10:30—1:30 Massage 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner	3 11—2:30 Massage 11—12 Pilates 1—3 GROW Group
7 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch 12:30—2 SensWide Employment	8 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	9 10:15—5 DWF appointments 10:30—1:30 Massage 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	10 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
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21 10—4 Living Positive Victoria Outreach 11:30—12:30 Tums & Bums exercises 11:30—3:30 Pantry 12:30—2 Lunch	22 10—12.30 Art Class 10:15—5 DWF appointments 11:30—3:30 Pantry 12:30—3:30 Haircuts 1—3:15 Massage 1:30—2:15 Muscles & Curves 2—4 WISE Employment	23 10:15—5 DWF appointments 11:30—7:30 Pantry 4—5 Yoga 4—8 Naturopath 6—7:30 Dinner 7—9 HALC (Legal) appoints	24 11:30—3:30 Pantry 11—12 Pilates 1—3 GROW Group
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